

THE VALUE OF PROVIDING HEALTH CARE FOR OLDER ADULTS: A NURSE PERSPECTIVE

Dr. Karen Coles, DNP, RN

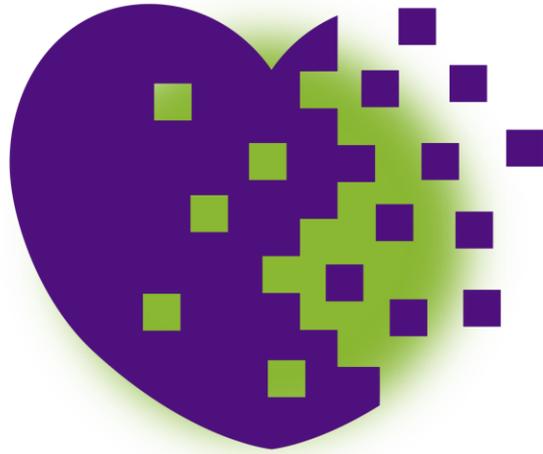
Dr. Shawona Daniel, PhD, RN

Dr. Sabrina Kopf, DNP, CRNP, ACNP-BC

Dr. Gary Milligan, DNP, MSHA, APHN-BC

Dr. Laura Steadman, Ed.D., CRNP, MSN, RN

THE PROBLEM



10% of those
60 years+ who live
at home suffer
abuse, neglect, or
exploitation

For every 1 case of
elder abuse that
comes to light,
23 remain hidden

**The mortality rate
is 3 times higher**
for a victim of abuse,
neglect, exploitation

THE PROBLEM



50% of those with **dementia** suffered from abuse or neglect at the hands of their caregivers

Cognitive impairment reduces an individual's financial capacity

Increasing the risk of financial exploitation

THE PROBLEM



2/3 of elder abuse victims are women

Elderly adults in these groups are **disproportionately victimized**



AFRICAN AMERICAN

LATINO

POOR

ISOLATED

PURPOSE

Given that the elderly, especially those with Alzheimer Disease or Related Dementia (ADRD) are at a greater risk of abuse and even under the best of conditions, providing care to a loved one with ADRD can be a challenge



An optimal outcome for the elderly requires a plan of care that will improve long-term health, social, and functional status, increase autonomy, and mitigate the risks of elder abuse

- The goal is for older adults to remain safe, functional, and independent
- This presentation presents our experience in the development of a faculty practice at the **Elder Justice Center of Alabama**

SIGNIFICANCE AND RELATION TO THE FACULTY PRACTICE

This faculty practice includes a two-fold mission

1

The Training Center that will be used to provide education to meet the needs of caregivers, nurses, occupational therapists, law enforcement, firefighters, first responders, Department of Resources, dieticians, social workers, and other community members



2

The establishment of an Adult Day Health Center (ADHC) will demonstrate the benefits of an interprofessional collaboration of care from nursing, occupational therapy, social workers, dieticians, Department of Resources, law enforcement, and firefighters.

AS WE AGE

Our social structure is not as strong as it should be, especially for older adults.

We need social supports and reinforcements to ensure that we can all participate in society have adequate health care and live free of neglect and abuse as we age.



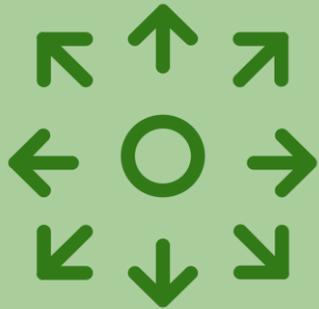
AS WE AGE



Our aging society is like a building. If the foundation is weak or the support beams unstable, then the people inside the building are not secure. If the foundation and structure are strong, older adults can live their lives free from harm and worry.

THE ELDER JUSTICE CENTER OF ALABAMA

ESTABLISHMENT OF AN ADULT DAY HEALTH CENTER FACULTY PRACTICE CLINIC AT THE ELDER JUSTICE CENTER OF ALABAMA



Increase awareness
of elder abuse



Improve social and
functional status for
older adults with
ADRD



Establishment of
education and
training for
caregivers of older
adult with ADRD,
health care
professionals and
first responders



Improved
interprofessional
collaboration to
promote care of
elderly with ADRD
will benefit both
caregivers and
patients alike

ELDER JUSTICE CENTER OF ALABAMA

Elder
Justice
CENTER
of Alabama



QUESTIONS

SHELBY COUNTY REPORTER

Elder Justice Center offers resources for older adults, caregivers

Published 12:54 pm Thursday, July 28, 2022

By Emily Sparacino



The Elder Justice Center of Alabama opened in Montevallo in June and provides a range of services for elderly residents. (Contributed/Jeremy Raines)



<https://www.youtube.com/watch?v=RbePMqCZhak>

REFERENCE

NCEA
National Center on Elder Abuse



UP TO DATE HEALTH CARE FOR THE ELDERLY

- This is info on COVID, pneumococcal and influenza guidelines. In addition, CDC recommended guidelines by age group/condition. This is a nice website that puts everything together for children, adults, and adults with chronic conditions or immunocompromised.
- <https://www.cdc.gov/vaccines/vpd/pneumo/index.html>
- Good website from CDC on what vaccines are recommended by age group or condition.
- <https://www.cdc.gov/vaccines/adults/rec-vac/index.html>
- New updated COVID guidelines as of April 19, 2023. The updated guidelines were released to help simplify the COVID guidelines for adult patient population and ensuring everyone seeking a booster get the most updated Bivalent booster.
- <https://www.cdc.gov/media/releases/2023/s0419-covid-vaccines.html>
- Influenza guidelines:
- <https://www.cdc.gov/flu/professionals/acip/summary/summary-recommendations.htm#timing>