

About Alzheimer's Disease and Dementia

Dementia is an umbrella term used to describe a collection of symptoms that are caused by disorders affecting the brain. Dementia comes in many forms and many conditions are believed to be contributing factors. Dementia can affect communication, thinking, behavior, motor skills and feelings.

Alzheimer's disease is the most common form of dementia, accounting for 60-80% of dementia diagnoses, but it is not the only form of dementia.

The PANDA Project is ready to guide you through your journey.



PANDA provides cost-free help and services in the comfort of a participant's home.



For more information about the PANDA Project or other M4A Services, contact us today!

Middle Alabama Area Agency on Aging (M4A)
m4a.org/panda
(205)670-5770
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Helping Persons with Dementia Live in Their Communities

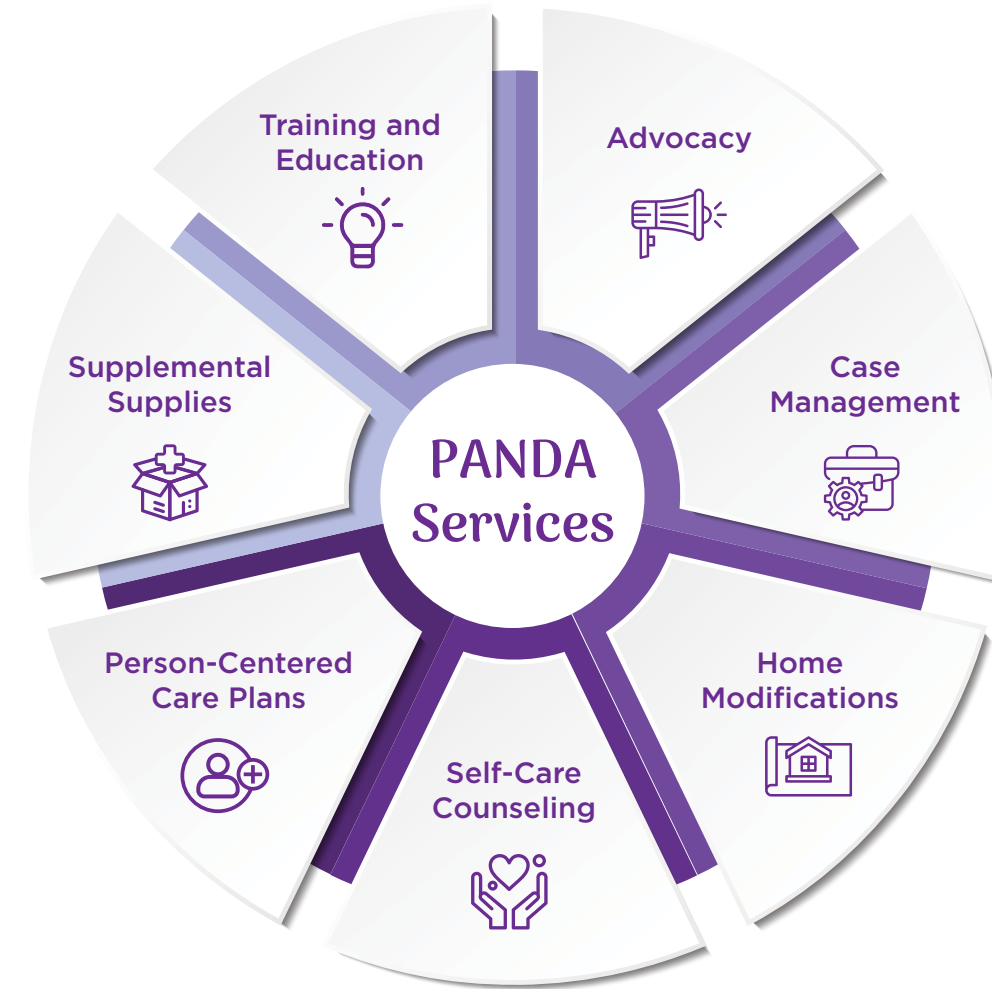
About the PANDA Project

The PANDA Project (Providing Alzheimer's N' Dementia Assistance) is an initiative administered by the Middle Alabama Area Agency on Aging (M4A).

The PANDA Project provides supportive services for People Living with Dementia (PLWD) and their Caregivers at no cost to the consumer.

The PANDA Project is made possible through grant funding provided by the Administration for Community Living (ACL), and Alabama Department of Senior Services.

This was developed in part by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,133,334 with 75 percent (\$850,000) funded by ACL/HHS and 25 percent (\$238,334) funded by non-government source(s).



How PANDA Helps Caregivers

The PANDA Project utilizes a person/family-centered approach to provide supportive services to individuals living with Alzheimer's Disease and Related Dementias (ADRD) and their Caregivers. PANDA helps to improve quality of life by providing:

1. One-on-One Caregiver Training
2. Caregiver Intervention
3. Home Modifications
4. Supplemental Supplies
5. Training & Education
6. Self-Care Counseling



Community Education

PANDA offers a variety of education and training:

A collection of seven purple boxes, each containing text about a service. The boxes are arranged in three rows: the first row has three boxes, the second row has two boxes, and the third row has one wide box. The text in the boxes is: 1. Caregiver Intervention Education, 2. Community Dementia Education, 3. Brain Health Education, 4. Elder Justice Advocacy Training, 5. First Responder "Dementia Friendly" Training, and 6. Learn more at m4a.org/panda.